

COVID-19 VACCINES ARE SAFE AND EFFECTIVE



Types of vaccines available in the US:

- Pfizer
- Moderna
- Johnson & Johnson (J&J)



Get your initial doses now. Full protection kicks in after about **two weeks**. A booster or an additional dose is needed several months after completing your initial doses.

RECOMMENDATIONS

- + Get vaccinated. Get boosted.
- + Get your family vaccinated and boosted.
- + Pfizer or Moderna are recommended when there is a choice.
- + Wear a mask when indoors even when you are up to date on your vaccines. And wear a mask in crowded outdoor settings.
- + If you are up to date on your vaccines and are exposed to COVID-19 follow CDC guidelines and get tested 5-7 days after exposure.



For women:

- + For women who are pregnant, breastfeeding, or trying to get pregnant, vaccines are critical for keeping moms and their babies healthy.
- + For women between 18-60 years old, we recommend getting Pfizer or Moderna.

HOW DO I GET A COVID-19 VACCINE?

- ✓ **Contact your local health department to make an appointment** or ask them where mobile vaccine clinics are located.
- ✓ **Check with your local pharmacy.** They will likely offer vaccines.
- ✓ **Contact your local community health center to make an appointment.**
- ✓ **Speak with your employer** about getting a COVID-19 vaccine. They may be helpful in making arrangements to get a vaccine.

FOR MORE INFORMATION

For answers to Frequently Asked Questions, visit **Migrant Clinicians Network (MCN)**:
<https://bit.ly/3ki1xAl>



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Protect Yourself Against COVID-19

- ✓ **GET VACCINATED!**
- ✓ **Wear a mask**
- ✓ **Social distancing**
- ✓ **Wash your hands**

COVID-19 Vaccine Awareness Campaign



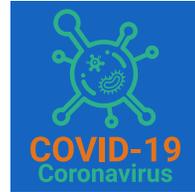
BENEFITS TO VACCINATION

- ✓ Vaccination protects you, your family, and your co-workers from becoming seriously ill and being hospitalized.
- ✓ Vaccination decreases the number of new, severe and deadly COVID-19 cases in your community.
- ✓ Vaccination protects hospitals and clinicians from being overwhelmed with patients severely ill with COVID-19.
- ✓ The more vaccinated individuals in our community, the less we need to worry about new variants.
- ✓ We can return to normal activities sooner if more people get vaccinated.

RISKS FOR UNVACCINATED

- ✗ Higher risk of COVID-19 infection.
- ✗ Higher risk of serious infection, hospitalization, and death.
- ✗ If a majority of individuals **DO NOT** get vaccinated against COVID-19, then there is a larger risk of serious illness and risk of new mutations that are more contagious and dangerous.

WHAT TO EXPECT AFTER YOU ARE VACCINATED?



It is important to get vaccinated, even if you have had COVID-19.



It is completely **FREE** and does **NOT** require any form of identification.



There are various types of vaccines. All vaccines against COVID-19 are safe and effective.



After vaccination you may experience: arm pain, headache, fever, or chills.



You will feel better a few days after your injection.



You are considered fully vaccinated two weeks after your final dose.



Continue to wear a mask, wash your hands, and maintain social distance.



You did your part to protect yourself and others from COVID-19!

HOW DO I KNOW WHEN OR IF I NEED ANOTHER DOSE OF THE VACCINE?

- + Immunocompromised individuals need additional doses of the vaccine.
- + A booster dose is now recommended several months after receiving your initial dose.
- + Check for latest updates about boosters.

WHAT SHOULD I DO IF I RECEIVED MY FIRST DOSE IN A DIFFERENT COUNTRY AND IT IS NOT AVAILABLE IN THE U.S.?

- + Not all countries have approved the same COVID-19 vaccines as the United States.
- + If you have received one dose of any COVID-19 vaccine that is not approved in the United States, then you may be eligible for a Pfizer, Moderna, or J&J vaccination. To receive a new vaccine you must wait at least 28 days after your last dose.

WHERE DO I GET MORE INFORMATION?

Visit Centers for Disease Control and Prevention:
www.cdc.gov/coronavirus/2019-ncov/index.html

