MEDICARE PREVENTIVE PHYSICAL EXAM Today's Date ___ ☐ Initial Preventive Physical Exam ☐ Initial annual \square Subsequent annual ☐ Other (Welcome to Medicare Physical) wellness visit wellness visit Medical record # Date of birth Patient name Date of last exam Staff conducting initial intake Medicare B eligibility date Language or other communication barriers: (describe) LMP Sex Interpreter or other accommodation provided today: (describe) Gravida/ Year of para menopause Wt Vital signs Ηt BMI Waist ΒP Temp P/R **SOCIAL HISTORY** Tobacco ☐ Current ☐ 2nd hand ☐ Never ☐ Prior use Quit date: Туре: Freq: **ETOH** ☐ Never \square Occasional ☐ Daily History of ETOH: (describe) Caffeine ☐ Never ☐ Occasional ☐ Daily Drug abuse □ Never ☐ Occasional ☐ Daily $\hfill\square$ Prior use Quit date: History of drug abuse: (describe) Exercise type/frequency Occupation Home environment ☐ Private home ☐ Assisted living ☐ Other: (describe) **FAMILY HISTORY** use \checkmark to indicate positive history Self Father Mother Sisters **Brothers** Aunts Uncles **Daughters** Sons Deceased Hypertension Heart disease Stroke Kidney disease Obesity Genetic disorder Alcoholism Liver disease

Depression or manic depressive disorder Colon or rectal cancer

Breast cancer
Other cancer
Other:

				IV	IEDI	CAL HIS	TOF	RY					
Hospital visits since last office visit/reason	Facility			Attending phy		physicia	ın	Date of hospital visit			nclude date a	e and ations)	
					ALI	LERGY LI	IST						
Allergies						Тур	Type of reaction						
	if note	l alsaw	here			ICATION		T on:					
	11 110101	2 0130 44		- Citar	Da	- 11	catio	JII				Date	
Herbals, supplements, O	TC drugs,		Dat	е		con-					Date	discon-	
substances of abuse		star	started tin		ued	Rx meds, dose, fre		equency, rout	е	started	tinued		
					PRO	DBLEM L	IST						
Chronic problems				Managi	anaging physician (if other) Date updated Init			Initial					

Patient Name _____

Today's Date _____

Patient Name			Тс	day's Date		
	P	PROBLE	M LIST continued			
Acute problems (R=resolved)	Date added		Managing physician (if other)	Date ι	updated	Initial
			AND PROVIDERS OF CARE on not required for IPPE			
Name & specialty/provider type			of care		scontinued	
		1				
Physician/other provider sign here						
4.0 .1			ION SCREENING	☐ Yes		N.1
Over the past two weeks, has the patient felt down, depressed or hopeless? Over the past two weeks, has the patient felt little interest or pleasure in doing things?						
2. Over the past two weeks, has the	☐ Yes		INO			
	FUNCTION	IAL ABI	LITY/SAFETY SCREENING			
1. Was the patient's timed Up & Go				☐ Yes		No
2. Does the patient need help with the phone, transportation, shopping, preparing meals, housework, laundry, medications or managing money?						No
3. Does the patient's home have rugs in the hallway, lack grab bars in the bathroom, lack handrails on the stairs or have poor lighting?						No
4. Have you noticed any hearing difficulties?				☐ Yes		No
Hearing evaluation:				ı	,	
A # #						
A "yes" response to any of the abo	ove questions regai	iraing a	epression or function/safety should t	rigger furti	ner evalua	ation.
			COGNITIVE FUNCTION			
Mood/affect	tills docum	nentati	on not required for IPPE			
Appearance						
Family member/caregiver input						

Patient Name	Today's Date					
	VISION EXAMINATION					
Maria Landina I						
Visual acuity: L	R					
FLECTROCA	ARDIOGRAM REFERRAL OR RESULT					
	if performed/ordered (covered benefit for IPPE)					
hased on history, evam and screening (i	ADVICE/REFERRALS including risks, interventions underway or planned, and benefits)					
based on history, exam and screening (i	including risks, interventions underway or planned, and benefits)					
POTENTIAL RECOMMENDATIONS N	NOT COVERED AS MEDICARE PART B PREVENTIVE SERVICES					
this docu	umentation not required for IPPE					
	art-D plan for information on preventive vaccines benefits.					
Varicella vaccine	Aspirin therapy					
Zoster vaccine (once)	Cacial as wises					
Tdap vaccine (10 years)	Social services					
Td vaccine (10 years)	Dietary counseling					
MMR vaccine Meningococcal vaccine						
Hep A vaccine						
Thep A vaccine						
HANDOUTS REV	VIEWED AND DISCUSSED WITH PATIENT					
TIAND OUT IN I	VIEWED AND DISCOSSED WITH AREA!					

Patient Name	

Create two copies of this page: One for your charts and one to give to your patient.

COUNSELING AND REFERRAL OF OTHER PREVENTIVE SERVICES

Today's Date _____

(Italic type indicates deductible and co-insurance are waived.)

SERVICE	LIMITATIONS	RECOMMENDATION	SCHEDULED
Vaccines			
• Pneumococcal (once after 65)			
• Influenza (annually)			
Hepatitis B (if medium/high risk)	Medium/high risk factors: End-stage renal disease Hemophiliacs who received Factor VIII or		
	IX concentrates Clients of institutions for the mentally retarded		
	Persons who live in the same house as a HepB virus carrier Homosexual men		
	Illicit injectable drug abusers		
Mammogram (biennial age 50-74)	Annually (age 40 or over)		
Pap and pelvic exams (up to age 70 and after 70 if unknown history or abnormal study last 10 years) ¹	Every 24 months except high risk		
Prostate cancer screening (annually to age 75)	Annually (age 50 or over), DRE not paid separately when covered E/M service is		
Digital rectal exam (DRE)	provided on same date		
Prostate specific antigen (PSA)			
Colorectal cancer screening (to age 75)			
 Fecal occult blood test (annual) Flexible sigmoidoscopy (5y) Screening colonoscopy (10y) Barium enema 			
Diabetes self-management training (no USPSTF recommendation)	Requires referral by treating physician for patient with diabetes or renal disease. 10 hours of initial DSMT sessions of no less than 30 minutes each in a continuous 12-month period. 2 hours of follow-up DSMT in subsequent years.		
Bone mass measurements (age 65 & older, biennial)	Requires diagnosis related to osteoporosis or estrogen deficiency. Biennial benefit unless patient has history of long-term glucocorticoid tx or baseline is needed because initial test was by other method.		
Glaucoma screening (no USPSTF recommendation)	Diabetes mellitus, family history African American, age 50 or over Hispanic American, age 65 or over		
Medical nutrition therapy for diabetes or renal disease (no recommended schedule)	Requires referral by treating physician for patient with diabetes or renal disease. Can be provided in same year as diabetes self-management training (DSMT), and CMS recommends medical nutrition therapy take place after DSMT. Up to 3 hours for initial year and 2 hours in subsequent years.		

Patient Name Today's Date					
SERVICE	LIMITATIONS	RECOMMENDATION	SCHEDULED		
Cardiovascular screening blood tests (every 5 years)	Order as a panel if possible.				
Total cholesterol					
High-density lipoproteins					
Triglycerides					
Diabetes screening tests (at least every 3 years, Medicare covers annually or at 6-month inter- vals for prediabetic patients) • Fasting blood sugar (FBS) or glu- cose tolerance test (GTT)	Patient must be diagnosed with one of the following: • Hypertension • Dyslipidemia • Obesity (BMI ³30 kg/m2) • Previous elevated impaired FBS or GTT or any two of the following: • Overweight (BMI ³25 but <30) • Family history of diabetes • Age 65 years or older • History of gestational diabetes or birth				
	of baby weighing more than 9 pounds				
Abdominal aortic aneurysm screening (once) • Sonogram	Patient must be referred through IPPE and not have had a screening for abdominal aortic aneurysm before under Medicare. Limited to patients who meet one of the following criteria: • Men who are 65-75 years old and have smoked more than 100 cigarettes in their lifetime • Anyone with a family history of abdominal aortic aneurysm • Anyone recommended for screening				
HIV screening (annually for increased	by the USPSTF Patient must be at increased risk for HIV				
risk patients)	infection per USPSTF guidelines or preg-				
HIV-1 and HIV-2 by EIA, ELISA, rapid antibody test or oral mucosa transudate	nant. Tests covered annually for patients at increased risk. Pregnant patients may receive up to 3 tests during pregnancy.				
Smoking cessation counseling (up to 8 sessions per year)	Patients must be asymptomatic of tobacco-related conditions to receive as				
Counseling greater than 3 and up to 10 minutes	a preventive service.				
Counseling greater than 10 minutes					
Subsequent annual wellness visit	At least 12 months since last AWV				

Physician's signatura:	Da	to.

 $^{1. \} Recommendation of American Cancer Society; see \ http://www.uspreventiveservicestaskforce.org/3rduspstf/cervcan/cervcanr.htm#clinical for more information.$