

# WHAT IS MPOX?

It is a disease caused by the mpox (monkeypox) virus.  
It can be very painful. It is rarely deadly.



## SYMPTOMS CAN INCLUDE:

- Skin rash
- Exhaustion
- Cough
- Fever
- Sore throat
- Backache
- Chills
- Stuffy nose
- Muscle aches
- Headache
- Swollen lymph nodes

## HOW IT SPREADS:

- Close skin-to-skin contact with a person with mpox
- Sex with a person with mpox
- Direct contact with rash, scabs, or body fluids from a person with mpox
- Using clothing, bedding, or towels used by a person with mpox
- A pregnant woman can spread the virus to her fetus



You may experience **all or only a few symptoms**. Sometimes, people have flu-like symptoms before the rash. Some people have a rash first, then other symptoms. Others only have a rash.

## WHAT DOES MPOX LOOK LIKE?

