

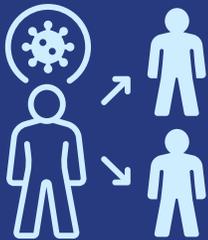
MPOX: PREVENTION & RECOMMENDATIONS



AVOID SKIN-TO-SKIN CONTACT
with people who have mpox or mpox symptoms.



**WASH YOUR HANDS WITH SOAP AND
WATER OR HAND SANITIZER**
especially before eating or touching your face
and after you use the bathroom.



A person with mpox can spread it to others from
the time symptoms start until the rash has fully healed.
The illness typically lasts 2-4 weeks. Most people recover fully.



RECOMMENDATIONS

- CDC recommends vaccination for people who have been exposed and people at higher risk of mpox infection.
- Antiviral medications can lessen the symptoms of mpox.

CALL YOUR DOCTOR OR YOUR LOCAL HEALTH DEPARTMENT

If you have symptoms of mpox, you should talk to a healthcare provider, even if you don't think you had contact with someone who has mpox.